

**Appropriate and necessary national health screening policy  
for the population**

*The Sixth National Health Assembly,*

Having considered the report on the appropriate and necessary national health screening policy;<sup>1</sup>

*Recognizing* that necessary health screening is beneficial to the promotion of health and prevention of diseases;

*Concerned and worried* that there is promotion of unnecessary health screening, resulting in a negative effect to the health economy and society, and that some of the general population have not received necessary health screening due to a lack of knowledge, inability to access services, and unfamiliarity with different areas;

*Acknowledging* the current national health policy that supports health screening such as the Civil Servant Medical Benefit Scheme, the Universal Health Coverage Scheme, the Social Security Scheme and the Ministerial Regulation on the Prescribing of Criteria and Method of Conducting Health Check up of Employees and Forwarding The Results of Health Check up to Labour Inspector B.E. 2547 (2004)

*Acknowledging* the organizations and agencies that developed the knowledge about health screening such as Health System Research Institute (HSRI), medical and public health schools and Health Intervention and Technology Assessment Program (HITAP), Ministry of Public Health;

Here, therefore, the following resolutions have been adopted:

1. Requests the Office of Permanent Secretary and the Department of Medical Services under the Ministry of Public Health to be the principal agency, in collaboration with the medical council, professional councils, academic institutions and agencies/organizations involved with both public and private health insurance, to issue a policy or guidelines as follows:

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<sup>1</sup> Health Assembly 6/ Main 4

1.1 To promote health screening that is necessary, appropriate, with rationale and quality while taking risks into account by applying a process based on academic research and involving stakeholders, clients and service providers.

1.2 To support research that will help develop knowledge about appropriate and necessary health screening, including monitoring and evaluation, and the promotion of policy implementation.

1.3 To develop guidelines for necessary and appropriate health screening for the general population based on age, sex and risk, and provide a personal health record.

1.4 To promote understanding with the general population about appropriate and necessary health screening, including the potential consequences arising from unnecessary and unreasonable health screening.

1.5 To develop healthcare providers to be able to provide necessary and appropriate health screening consistent with the target population, risk groups that may develop disease/have impacts on health, benefit package, problematic situations, and promote easy access to the services.

## 2. Requests members of the National Health Assembly

2.1 To encourage all stakeholders to promote appropriate and necessary health screening without the use of excessive technology in order to develop awareness and self-care skills, including the promotion of good public health.

2.2 To promote and support the campaign to provide the public with better understanding of health screening, health promotion, and disease prevention, including self-health checks.

3. Requests the National Health Security Office to take the lead and collaborate with the Social Security Office and the Comptroller General's Department, Ministry of Finance, where they will support a study, review and develop an appropriate and necessary health screening package that is continuous, including a study on health equity and equality of the screening coverage among the three health insurance schemes.

4. Requests the public and private sectors involved with health screening (service providers, purchasers, and insurance companies) to support necessary

and appropriate health screening, with the aim of ensuring the benefits and safety of the customers and avoiding any unnecessary health screening.

5. Requests the Thai Health Promotion Foundation, together with the Ministry of Public Health, public health facilities, the medical council, professional councils and associations, consumer protection agency, and local governments to disseminate information in a format that the general population can access and use, and to campaign for public awareness in order to understand accurate information about necessary and appropriate health screening.

6. Acknowledges the Health System Research Institute (HSRI) for its commitment to conduct a study on the establishment of a mechanism or national agencies that have a role in the development of appropriate health screening services, particularly: (1) formulating policies and guidelines to acquire the topics of necessary and appropriate health screening by using a process that can explain the reason clearly, (2) formulating, auditing and maintaining quality, including the development and accrediting of laboratory test standards, including the monitoring of services provided by public and private providers, and (3) providing education or advice to the public or information about the policy's decision-making process.

7. Requests the Secretary-General of the National Health Commission to present a progress report to the Eighth National Health Assembly.