

The Goals of Preventing and Controlling Non-Communicable Disease in Thailand

The Sixth National Health Assembly

Having considered the report on the goals of preventing and controlling non-communicable disease in Thailand¹:

Recalling the resolutions of National Health Assembly relating to the management of non-communicable diseases and the significant factors, especially the strategic plan on overweight and obesity management (NHA 2), the strategy on the national alcohol policy (NHA 2), the national strategy on tobacco consumption control during 2012-2014 (NHA 3), and the strategic framework on food management in Thailand during 2012-2014 by the National Food Committee;

Having concerned that the non-communicable disease crisis is the major health problem in Thailand and the world, affecting the socioeconomic development, and on the increase in its violence;

Recognizing that the key management strategy in preventing and controlling non-communicable diseases is managing four major diseases including cardiovascular disease, cancer, diabetes, and chronic lung disease, by conducting risk factor surveillance such as hypertension, overweight and obesity, hyperglycemia, and hypercholesterolemia, as well as controlling four main risk factors including smoking, drinking, inappropriate eating behavior, inadequate physical activity, and managing other risk factors such as stress and not enough rest, etc;

Having noted the results of the movement of non-communicable disease prevention and control at the international level, the United Nations Assembly resolutions that certified the Political Declaration on the Non-communicable Disease Prevention and Control within 2025, and the request that all countries expedite the implementation to achieve goals timely;

Acknowledging that managing non-communicable diseases and associated risk factors effectively and sustainably to achieve the goals cannot be handled within the scope of the health system but that this management needs cooperation and support from all sectors and should be conducted at all levels,

¹Health Assembly 6/Main Document 6

including the local level, by being carried out under the same direction of national strategy, while competencies of those who are involved at all levels should be continuously developed in unity;

Having noted the opportunities for developing the management of non-communicable diseases in Thailand by the virtue of international movements, especially the opportunity to set goals and develop a strategic plan consistent with the context and the preparedness at national, local, and household levels, by announcing this as a national agenda;

Having noted that many organizations are managing non-communicable diseases and associated risk factors in Thailand, and realizing the importance of an integrating strategy, work plan, resources, mechanisms, and processes relating to non-communicable disease prevention and control, to enhance the harmonization of each other;

Realizing the need of using evidence-based for management and monitoring the non-communicable disease prevention and control; and

Having noted the operation of academic working groups in reviewing the availability and suitability of data indicators and the information resources for reporting the progress of the achievement in the prevention and control of nine non-communicable diseases, coordinated by the non-communicable disease control networks.

Here, therefore, the following resolutions have been adopted:

1. Request the National Health Assembly Members to certify the initial indicators of "9 targets" of non-communicable disease prevention and control, including information resources, measurement methods, and the agency responsible for their measurement, by declaring the non-communicable disease prevention and control to be a national agenda, as attached in the Appendix 2 of this resolution;

2. Request the National Health Committee to appoint a committee consisting of representatives from the Ministry of Public Health, the National Health Security Office, the Thai Health Promotion Foundation, the Health Systems Research Institute, the Office of National Economic and Social Development Board, the National Statistical Office, and other related agencies, to complete the following operations within 1 year:

2.1 Integrating the current national non-communicable disease prevention and control strategy to become the joint strategy of the country and provide a progress monitoring and evaluating system, and

2.2 Developing the national target from "9 targets" and other targets of the current strategies by determining or modifying them to fit the Thai context;

3. Request the local governments with the participation of all relevant sectors in the areas and with the support of the Ministry of Public Health, the Ministry of Interior, the National Health Security Office, and related agencies to prepare or improve the target plans, and to implement non-communicable diseases prevention and control at the local level through the health funds, the local budgets, or other sources for sustainable and effective operation. The four risk behaviors management must be focused (relevant to each group and each span of age), together with the disease and other risks screening, the environmental management for health behavior improvement in the community, including monitoring and evaluating systems; and

4. Request the secretary-general of the National Health Commission to report the progress in the 8th National Health Assembly.