



## Thai UHC Journey Workshop 2024

# “Health Promotion: A Transformative Path Towards Sustainable Health and Well-being”

4-8 November, 2024 in Bangkok, Thailand

### A. BACKGROUND

Universal health coverage (UHC) means that all people have access to the full range of quality health services they need without financial hardship. It covers the full continuum of essential health services, from health promotion to prevention, treatment, rehabilitation and palliative care. To deliver on this promise, countries need to have strong, efficient and equitable health systems. Every country has a different path to achieving UHC and to decide what to cover based on the needs of their populations and the resources at hand.

At the same time, health and well-being are also influenced by factors outside of the health sector, namely the overlapping and intersectional social, structural, economic, political, environmental and commercial determinants of health. Despite the progress made in health, the 21<sup>st</sup> century is also marked by parallel, overlapping and connected crises on a global scale, such as major pandemics, rising burden of noncommunicable diseases (NCDs), social and political fluctuations, economic instability, extreme weather conditions, increasing inequities with a direct impact on the health of individuals and communities. Such crises reinforce each other, exacerbate health inequities and hinder progress towards achieving UHC and the Sustainable Development Goals.

Health promotion is being recognized as an essential components of Universal Health Coverage (UHC). It is rooted in equitable and sustainable economic, environmental and social development, as well as a positive view of health. Health promotion addresses the determinants of health so as to create a substantial health gain for the people. Ottawa Charter (1986) declared five action areas for effective health promotion, including

1. build healthy public policy
2. create supportive environments for health
3. strengthen community action for health
4. develop personal skills, and
5. re-orient health services

Therefore, the 4<sup>th</sup> edition of the **Thai UHC Journey Workshop** will be held under the theme “**Health Promotion: A Transformative Path Towards Sustainable Health and Well-being.**” This international workshop is co-hosted by key health organizations in Thailand, composing of the Ministry of Public Health (MOPH), the Thai Health Promotion Foundation (ThaiHealth), the National Health Security Office (NHSO), the National Health Commission Office (NHCO) and the International Health Policy Program Foundation (IHPF) in collaboration with the ThaiHealth Academy (THA), the Enhancing Leadership on Global Health-Thailand Program under the WHO Country Cooperation Strategy (CCS-EnLIGHT). The Thai UHC Journey Workshop 2024 will be held between November 4 – 8, 2024 in Bangkok, Thailand. The workshop aims to provide a platform for experience sharing and networking on promoting health and well-being for all, to build capacity of participants from LMICs to understand and realize importance of health promotion as an essential component of UHC. Furthermore, the workshop expects the participants to apply the knowledge gained and capacity to make real actions based on their country contexts.

## B. OBJECTIVES / EXPECTED OUTPUTS OF THE WORKSHOP

### Objectives

1. To learn about health promotion as an essential component of UHC and as a transformative path towards sustainable health and well-being in Thailand, particularly through the lessons learned and experiences of Thailand's key health organizations
2. To exchange about national and international movements on health promotion, especially among participating LMICs.
3. To build network to promoting health and well-being and UHC.

### Expected Outcomes

1. Participants will learn key elements to make health promotion successful, through the lessons learned and experiences of Thailand's key health organizations and the sharing among workshop's participants.
2. Participants can apply and adapt the knowledge from the workshop to their work according to their country context.
3. Participants build and expand their professional networks with other participants and speakers.

## C. APPLICATION GUIDELINES

### C.1 Application;

C.1.1 Application Form : please go to the event's page to complete and submit the application form:

<https://en.nationalhealth.or.th/2024-thai-uhc-journey-workshop-on-health-promotion-a-transformative-path-towards-sustainable-health-and-well-being/>

C.1.2 Required Documents (to be attached in the application):

- 1) A copy of your passport (JPG/PDF)
- 2) The approval letter from your organization signed by your supervisor (JPG/PDF)

\*Supervisor: the head of the department/division of your organization

\*\* Download the approval letter form by this link [https://en.nationalhealth.or.th/wp-content/uploads/2024/08/The-approval-letter\\_2024-Thai-UHC-Journey-Workshop.docx](https://en.nationalhealth.or.th/wp-content/uploads/2024/08/The-approval-letter_2024-Thai-UHC-Journey-Workshop.docx)

### C.2 Participants Selection Criteria;

C.2.1 Working in fields related to health promotion, diseases prevention, health systems, UHC, health financing, or public health strategy/planning, for at least 3 years.

C.2.2 Be able to fully participate in whole period of the workshop in Thailand

C.2.3 Sufficient command of spoken and written English

C.2.4 Age not over 45 years old

C.2.5 Ability to cover participant's expenses as indicated in Section D1.2

C.2.6 Complete all required documents

### C.3 Important Dates;

C.3.1 **[Update!] Friday, September 20, 2024** : Deadline for application submission

C.3.2 **[Update!] Monday, September 23, 2024** : Announcement of selected participants on website and by e-mail

C.3.3 **Friday, October 11, 2024** : Deadline for attendance confirmation

C.3.4 **November 4-8, 2024** : Workshop in Bangkok, Thailand

## D. LOGISTIC INFORMATION

### D.1 Financial Requirement;

**D.1.1 The host organizations will be responsible for:** the workshop facility, meeting package (2 breaks and lunch per day) for the whole period of workshop, teaching materials, and study visit.

**D.1.2 The participants will be responsible for:**

- 1) An airfare
- 2) Transportation expense in your country and incurred within Thailand
- 3) Other related expenses such as obtaining a passport, visa, health insurance and incidental expenses
- 4) Hotel accommodation **(Good News! full accommodation support during the Workshop in Bangkok is available for 5 eligible participants from LMICs!)**
- 5) Per-diem during the workshop period

#### **D.2 Workshop Venue;**

ThaiHealth Centre  
 Thai Health Promotion Foundation  
 99/8, Soi Ngamduplee, Thung Maha Mek,  
 Sathorn, Bangkok 10120, Thailand  
 Phone: (+66) 2 343 1500  
 Email: [InterRelations@thaihealth.or.th](mailto:InterRelations@thaihealth.or.th)  
 Website: <https://en.thaihealth.or.th/>  
 Google map: <https://maps.app.goo.gl/1yyRwUE3oK7yvMWz5>

#### **D.3 Visa;**

**D.3.1 Visa requirement:** Please find the visa requirement information from <https://consular.mfa.go.th/th/index>. If you need to obtain a visa, please submit a paper and apply in a nearest Royal Thai Embassy or a Royal Thai Consulate General. According to the Immigration Bureau of Thailand, Nationals of the following countries/ regions may enter and stay in Thailand for a maximum period of 30 days without a visa.

#### **D.3.2 Visa Exemption and Visa On Arrival to Thailand:**

<https://image.mfa.go.th/mfa/0/zE6021nSnu/%E0%B9%80%E0%B8%AD%E0%B8%81%E0%B8%AA%E0%B8%B2%E0%B8%A3/VOA.pdf>

#### **D.4 Contact;**

Email: [thaiuhcjourney@gmail.com](mailto:thaiuhcjourney@gmail.com)

### **E. TENTATIVE WORKSHOP PROGRAM**

<b>Day 1: November 4, 2024</b>	<b>Program Overview</b> <ul style="list-style-type: none"> <li>• <b>Opening ceremony</b></li> <li>• <b>Overview of Thailand’s health systems and UHC</b></li> <li>• <b>Setting the scene</b> “Health Promotion: A Transformative Path Towards Sustainable Health and Well-being”</li> <li>• <b>Overview of Health Promotion in Thailand</b></li> </ul>
<b>Day 2: November 5, 2024</b>	<b>Learning from Thailand’s Health Promotion Best Practices</b> <ul style="list-style-type: none"> <li>• <b>Sharing notable examples of health promotion movements in Thailand</b> (a Panel Discussion) <i>[by the Thai Health Promotion Foundation (ThaiHealth)]</i></li> <li>• <b>Study Visit: “Farm Funmae Organic by Suan Sampran” in Ratchaburi Province.</b> The model for the development of a value chain of the sustainable food system towards holistic well-being for all <i>[by the ThaiHealth Academy (THA)]</i></li> </ul>
<b>Day 3: November 6, 2024</b>	<ul style="list-style-type: none"> <li>• <b>Integrating Health Promotion into Universal Health Coverage (UHC)</b> <i>[by the National Health Security Office (NHSO)]</i></li> <li>• <b>Enabling Participatory Healthy Public Policies in Thailand,</b> particularly, national health assembly resolutions related to NCDs <i>[by the National Health Commission Office (NHCO)]</i></li> </ul>
<b>Day 4: November 7, 2024</b>	<ul style="list-style-type: none"> <li>• <b>Strengthening Health Promotion through Evidence Informed Policies and Global Health Movement</b></li> </ul>

	<p><i>[by the International Health Policy Program Foundation (IHPF) and CCS-EnLIGHT]</i></p> <ul style="list-style-type: none"> <li>• <b>Digital transformation towards improving health system and advancing well-being</b></li> </ul> <p><i>[by the Ministry of Public Health, Thailand]</i></p> <ul style="list-style-type: none"> <li>• (Optional) <b>Physical Activity: Walk the Talk at the Lumpini Park</b></li> </ul>
<b>Day 5: November 8, 2024</b>	<ul style="list-style-type: none"> <li>• <b>Presentation by country</b></li> <li>• <b>Conclusion:</b> Reflection &amp; Certificate Giving Ceremony</li> </ul>